



Cascade Centers, Inc.

2014

EAP Promotional Topics

January

Flyer Topic:

Financial Coaching

Free Webinar:

What Can the MSA Program Do For Me?

Monthly Observance:

Financial Wellness

February

Flyer Topic:

EAP Sessions

Free Webinar:

Making Tax Returns Less Taxing

Monthly Observance:

Relationship Wellness Month

March

Flyer Topic:

Resource Retrieval

Free Webinar:

Money Basics: Spending, Borrowing & Saving It

April

Flyer Topic:

Stress Reduction

Free Webinar:

Mindfulness Stress Reduction

Monthly Observance:

Stress Awareness Month

May

Flyer Topic:

Wellness and Activity Tracker

Free Webinar:

Wellness at Work

Monthly Observance:

Employee Health and Fitness Month

June

Flyer Topic:

Home Ownership Program

July

Flyer Topic:

Live Chat

August

Flyer Topic:

Child and Family Support

Free Webinar:

Raising an Emotionally Intelligent Child

September

Flyer Topic:

Legal Tools/ Will Packet

Free Webinar:

Retirement Planning

Monthly Observance:

National Preparedness Month

October

Flyer Topic:

EAP Resources

Monthly Observance:

Domestic Violence Awareness

November

Flyer Topic:

Interactive Internet: Cascade Personal Advantage

December

Flyer Topic:

Cascade Will Reimburse you for a Taxi Ride

Monthly Observance:

Drunk and Drugged Driving Prevention Month