



# Do You Know Someone Who Needs Help?



Your Success is...  
Our Compass

The Employee Assistance Program (EAP) is a FREE and CONFIDENTIAL service that can help you and your family resolve personal problems that are starting to affect your work or personal life.

Call today for free,  
confidential service,  
Toll-free 1-800-433-2320

**eap**  
Employee  
Assistance  
Program

- Marital & Family Issues
- Personal & Emotional Concerns
- Alcohol & Substance Abuse
- Problems at Work



*Making Connections, Creating Solutions*

----- In Oregon -----  
Portland: 503-639-3009  
Salem/Keizer: 503-588-0777

## Accessing your EAP is easy:

- Call: 1-800-433-2320
- Email: [info@cascadecenter.com](mailto:info@cascadecenter.com)
- Visit: [www.cascadecenters.com](http://www.cascadecenters.com)



Cascade Employee Assistance Program  
1-800-433-2320  
[www.cascadecenters.com](http://www.cascadecenters.com)